

EDUCATION

University of Southern California, Los Angeles, CA

2024–current

Current Dean's List Full Time Student majoring in **Public Relations and Advertising in the Annenberg School of Journalism, & Psychology in Dornsife the College of Letters, Arts, and Sciences** at USC.

Chapman University, studying Psychology Health Sciences: Dean's and Provost's List for high academic GPA 4.0, attended Fall 2022 and Spring 2023 then transferred to USC. Relevant Coursework: Math-203 Statistics, SPSS proficiency, scientific research, scientific presentations, correlational studies, public speaking. Palos Verdes High School, 2018-2022.

LEADERSHIP & EXPERIENCE

USC PRSSA's award-winning student-run PR firm | Club Member at USC

Jan. 2025–current

- Consultant for University of Southern California's Chapter of Public Relations Student Society of America, the nation's leading professional organization in Public Relations and Advertising.
- Social Media and Content Committee Feb.–May 2025 Events & Outreach and Creative & Communications Committees Sept. 2025–current
- The USC Happy Hour Club; to partner in mental health and safety campus workshops.

Public Relations | Science Made Simple x Enigma Worldwide Medicine

Aug. 2025–current

- Creator of medical journalism brand, "Science Made Simple" newsletter & instagram @sciencemadesimple_withlauren
 - Created social media channels to increase engagement in / awareness of research initiatives. Interviewed researchers, scientists, doctors, and professors.
- Contributed to efforts to promote fundraising. ENIGMA brings together researchers in imaging genomics, neurology and psychiatry, to understand brain structure and function, based on MRI, DTI, fMRI, genetic data and patient populations worldwide.

Running Club, Chapman University | President and Co-Founder

Jan. 2023–May 2024

- A passionate runner who writes articles about the value of running for mental and physical well-being. Organized and planned events, meetings, and runs. Managed our social media and posted events to Strava. Lead runs twice weekly and recruited other students to also lead events.

7 Cups Club, 'Psychology in Real Life' | President and Founder

2023–2024

- Founded our selective 80-member school Psychology Club as a collaboration with the 7 Cups organization which provides free online therapy, counseling, and peer listening. Helped other students receive training and certifications online to become listeners for people seeking support on the 7 Cups website. Learned to work effectively with others and to teach challenging tasks to fellow students. Listeners provide comfort and resources for peers dealing with sensitive issues including sickness, death, mental illness, violence, and abuse.
- **Volunteer Work with 7 Cups Online Therapy:** Began 2020, through 7 Cups: Free Online Therapy, was trained to respond in a supportive and empathetic manner to people dealing with physical and mental health issues. Worked with hundreds of people, helped them manage serious issues and suicidal ideation.

PAST EXPERIENCE

- **Pedone's Pizza and Deli, Waitress, 2022-2025:** Worked at the cash register, took phone and in-person orders, recommended menu items to patrons, served meals and beverages, and cleared and cleaned tables. Collaborated with co-workers, built effective working relationships, and developed Spanish skills by speaking with non-English-speaking staff. **Yogurtland Associate Employee, Redondo Riviera, 2022:** Completed my California State Food Handlers' Certificate, and learned to prepare toppings according to corporate standards, including chopping fresh fruit, unpacking and displaying dry ingredients, and filling yogurt dispenser machines. Checked out customers and operated the cash register. During and at the end of each shift, cleaned machines, tables, counters, bathrooms, and floors to exact standards.
- **Volunteer, Heal the Bay, 2019-2022:** Participated in numerous ocean and beach cleanups to reduce debris and protect marine wildlife and coastal ecosystems. **Volunteer, Palos Verdes Peninsula Land Conservancy, 2022:** Planted native and endangered species to restore natural habitats across the Palos Verdes Peninsula. Collaborated with volunteers from diverse backgrounds to support conservation efforts.. **Caretaker, Best Friends Animal Society, 2021-2023:** Provided daily care for foster animals, including feeding, medication management, and sanitation. Helped socialize and prepare rescued cats and kittens for adoption into permanent homes.
- **The Third State Central Hospital, Mongolia, Research Observer 2019-2020** Observed public health studies examining how exposure to smoke from indoor fires in compact yurts and extreme cold conditions affects child brain development in the Gobi Desert. Gained insight into how environmental factors influence early neurodevelopment globally.
- **Student Athlete, Cross Country & Track and Field - Palos Verdes High School, 2018–2022:** Competed in regional and state-level races including 800m, 1600m, and 3200m events, as well as pole vault and high jump. Attended annual altitude training camps in Mammoth Lakes to enhance endurance and performance. Balanced rigorous academics with daily training, travel, and competition schedules. Developed teamwork, discipline, resilience, and leadership through continuous team participation and mentorship of peers.

SKILLS

Certifications and Skills: OpenTable Certified (Host Training Program, Level 1), Sexual Harassment and Abusive Conduct Prevention Training Completion, CPR Certified. **Skills:** AP Style, Media Kits, Press Releases, Pitches, Website Making, Scientific Research Writing, and Sentiment Analysis. LinkedIn: <https://www.linkedin.com/in/lauren-thompson-67053b222/>
Portfolios: https://www.instagram.com/sciencemadesimple_withlauren/ & <https://www.clippings.me/laurenthompsonn/> / Languages: English; Spanish.